

**GDC SF OPTITRACK PERFORMER SCHEDULE FRIDAY 3/25**

SET TIMES 3/25	FEATURE SETS	IN BETWEENS
10:00AM		<b>ALL</b> warm up stretch / sit in hoop / floor & acro play
10:30AM	Cola Lyra 1	
		Jess sit in hoop / Sara stretch
10:45AM	Dwoira Lyra 1	
		Sara sit in hoop / Jess stretch
11:00AM	Chris StretchSense Glove Demo 1	
		Dwoira sit in hoop / Kelsey stretch
11:15AM		<b>ALL</b> stretch / sit in hoop / floor acro play
11:30AM	Jess & Sara Lyra Doubles 1	
		Kelsey & Dwoira stretch / floor & acro play
11:45AM	Cola Lyra 2	
		Jess sit in hoop / Sara stretch
12:00PM	Jess & Sara Fire Tools Flow 1	<b>*LUNCH* Kelsey &amp; Dwoira</b>
		Jess & Sara sit in hoop / stretch / floor & acro play
12:30PM		<b>*LUNCH* Jess &amp; Sara</b>
		Dwoira & Kelsey sit in hoop / stretch / floor & acro play
12:45PM	Dwoira Lyra 2	
		Kelsey sit in hoop / Dwoira stretch
1:00PM	Chris StretchSense Glove Demo 2	
		Kelsey & Dwoira stretch / floor & acro play
1:15PM		
1:30PM		<b>ALL</b> stretch / sit in hoop / floor & acro play
1:45PM	Jess & Sara Lyra Doubles 2	
		Kelsey & Dwoira stretch / sit in hoop / floor & acro play
2:00PM	Cola Lyra 3	
		Sara sit in hoop / Jessi stretch
2:15PM	Dwoira Lyra 3	
		Jess sit in hoop / Sara stretch
2:30PM	Jess & Sara Finger Tuts 1	
2:45PM		<b>ALL</b> stretch / sit in hoop / floor & acro play